



COVENTRY HIGH 2017-18 MENU

Students must select a minimum of 3 items to qualify as a reimbursable lunch!
Students must take at least one fruit or vegetable.

LUNCH
PRICE:
\$3.00

NEW IN 2017-18

STRAWBERRY AND MIXED BERRY SMOOTHIE

MADE WITH WHOLE STRAWBERRIES AND BLUEBERRIES WITH YOPLAIT VANILLA YOGURT AVAILABLE DAILY FOR \$2.00 EACH OR WITH A HOT SOFT PRETZEL AND SIDE DISHES AS PART OF A \$3.00 LUNCH!



Bosco's Cheese Sticks available Mondays, Wednesdays and Fridays

Bosco Prezel Cheese Sticks available Tuesdays and Thursdays

\$1.75 each

Not available as part of \$3.00



GOURMET ENTRÉE SALADS AVAILABLE DAILY! \$3.00 EACH

(INCLUDES A 2 OZ HOT SOFT PRETZEL, MILK AND JUICE)

BUFFALO CHICKEN, FRESH FRUIT SALAD, VEGGIE SALAD, GRILLED CHICKEN SALAD, ITALIAN SALAD AND POPCORN CHICKEN SALAD!



Smart Snack Compliant
\$2.50 for a 3oz bag



Cookies n Cream, Cookie Dough, Chocolate and Vanilla, and Sour Patch Strawberry

mySchoolBucks®
SCHOOL MEAL PAYMENTS MADE EASY!
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 QUICK & CONVENIENT YOU CAN:
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 → Track & Review Meal History
 → Create Low Balance Alerts
 ... and more!
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Students must take at least one fruit or vegetable.

LUNCH
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Monday

Tuesday

Wednesday

Thursday

Friday

AUGUST AND SEPTEMBER 2017



**NEW LARGER J & J 1.85 OZ WHOLE GRAIN COOKIES—
.75 CENTS A LA CARTE**

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SIGN UP FOR YOUR FREE! ACCOUNT TODAY!

WEEK 2 (Beginning)

August 21
School Begins
on August 23rd



**4 FRENCH TOAST STICKS
OR 9 MINI PANCAKES
WITH 2 SAUSAGE LINKS
OR PEPPERONI, PEPPERONI &
SAUSAGE OR CHEESE PIZZA**
or Alternate Entrée
PICK 2: POTATO TRIANGLES, or
Vegetable Options
PICK 2: BANANA W/ CHOC SYRUP
OR Fruit Options

SUB YOUR WAY BAR
Choice of: White or Herb & Cheese
OR ALTERNATE ENTREE
5 Meatballs, Burger, or Italian
OR ALTERNATE ENTREE
PICK 2: 2 POTATO TRIANGLES
PICK 2: APPLES W/ CARAMEL
**OTIS CHOCOLATE CHIP OR M&M
COOKIE**

WAFFLE FRY BAR
LARGE SERVING OF SEASONED
WAFFLE FRIES W/ CHOICE OF
TOPPINGS:
- 3 OZ HOMEMADE NACHO CHEESE
SAUCE, REAL BACON BITS, SOUR
CREAM
- 2 OZ HOT SOFT PRETZEL
OR ALTERNATE ENTREE
PICK 2: FRESH STEAMED BROCCOLI
PICK 2: FRUIT & FORTUNE COOKIE

WEEK 3 (Beginning)

August 28th–
September 1st

EVERYTHING CHICKEN BAR
6 REG OR SPICY CHICKEN
NUGGETS OR POPCORN CHICKEN
W/ DINNER ROLL
OR ALTERNATE ENTREE
PICK 2: MASHED POTATOES
BUTTERED CORN
PICK 2: STRAWBERRIES

COMET TACO BAR
Walking Tacos w/
Nacho or Cool Ranch Doritos
or (2) HOMEMADE CHEESY
BREADSTICKS w/ sauce
OR ALTERNATE ENTREE
Tons of Veggie Toppings
BBQ OR TEX MEX BAKED BEANS
PICK 2: WATERMELON or Options
Giant Goldfish Cookie

**BREAKFAST CROISSANT
SANDWICH**
OR PEPPERONI, PEPPERONI &
SAUSAGE OR CHEESE PIZZA
or Alternate Entrée
PICK 2: POTATO TRIANGLES,
Or Vegetable Options
PICK 2: BANANA W/ CHOC SYRUP
OR Fruit Options

SUB YOUR WAY BAR
Choice of: White or Herb & Cheese
Choice of: Fajita Chicken, BBQ rib
5 Meatballs, Burger, or Italian
OR ALTERNATE ENTREE
PICK 2: 2 POTATO TRIANGLES
PICK 2: APPLES W/ CARAMEL
**OTIS CHOCOLATE CHIP OR M&M
COOKIE**

WAFFLE FRY BAR
LARGE SERVING OF SEASONED
WAFFLE FRIES W/ CHOICE OF
TOPPINGS:
- 3 OZ HOMEMADE NACHO CHEESE
SAUCE, REAL BACON BITS, SOUR
CREAM
- 2 OZ HOT SOFT PRETZEL
OR ALTERNATE ENTREE
PICK 2: FRESH STEAMED BROCCOLI
PICK 2: FRUIT & FORTUNE COOKIE

DAILY FRUIT & VEGETABLE OPTIONS

PICK 2 FRUIT: FRESH FRUIT, CANNED FRUIT, AND JUICE
PICK 2 VEGS: MENUED ITEMS, SM. SALADS, CUCUMBERS,
COLESLAW, CARROTS AND HOT VEGETABLE

**AMERICAN GRILL DAILY ALTERNATE ENTREES INCLUDE: PEPPERONI, PEPPERONI & SAUSAGE OR CHEESE PIZZA
EVERY M,W,&F, CHEESY GARLIC BREAD W/ DUNKING SAUCE EVERY TUES & THURS. REG. CHICKEN SANDWICHES, HAM-
BURGERS, CHEESEBURGERS, SMOOTHIES, GOURMET ENTRÉE SALADS & FISH SANDWICHES ON FRIDAYS**

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SEPTEMBER 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 4 (Beginning) September 4 LABOR DAY NO SCHOOL!		COMET TACO BAR 2 Halves of Chicken, Beef or Cheese Quesidillas OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	4 FRENCH TOAST STICKS OR 9 MINI PANCAKES WITH 2 SAUSAGE LINKS OR ALTERNATE ENTREE PICK 2: POTATO TRIANGLES PICK 2: BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES W/ CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE, REAL BACON BITS, SOUR CREAM - 2 OZ HOT SOFT PRETZEL OR ALTERNATE ENTREE PICK 2: FRESH STEAMED BROCCOLI PICK 2: FRUIT & FORTUNE COOKIE
WEEK 1 (Beginning) September 11	EVERYTHING CHICKEN BAR 6 REG OR SPICY CHICKEN NUGGETS OR POPCORN CHICKEN W/ DINNER ROLL OR ALTERNATE ENTREE PICK 2: MASHED POTATOES BUTTERED CORN PICK 2: STRAWBERRIES	COMET TACO BAR Walking Tacos w/ Nacho or Cool Ranch Doritos OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	BREAKFAST CROISSANT SANDWICH OR PEPPERONI, PEPPERONI & SAUSAGE OR CHEESE PIZZA OR ALTERNATE ENTREE PICK 2: POTATO TRIANGLES, PICK 2: BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES W/ CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE, REAL BACON BITS, SOUR CREAM - 2 OZ HOT SOFT PRETZEL OR ALTERNATE ENTREE PICK 2: FRESH STEAMED BROCCOLI PICK 2: FRUIT & FORTUNE COOKIE
WEEK 2 (Beginning) September 18	EVERYTHING CHICKEN BAR 6 REG OR SPICY CHICKEN NUGGETS OR POPCORN CHICKEN W/ DINNER ROLL OR ALTERNATE ENTREE PICK 2: MASHED POTATOES BUTTERED CORN PICK 2: STRAWBERRIES	COMET TACO BAR Taco Salad, Nacho Supreme or Two Tacos OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	4 FRENCH TOAST STICKS OR 9 MINI PANCAKES WITH 2 SAUSAGE LINKS OR ALTERNATE ENTREE PICK 2: POTATO TRIANGLES PICK 2: BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES W/ CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE, REAL BACON BITS, SOUR CREAM - 2 OZ HOT SOFT PRETZEL OR ALTERNATE ENTREE PICK 2: FRESH STEAMED BROCCOLI PICK 2: FRUIT & FORTUNE COOKIE
WEEK 3 (Beginning) September 25	EVERYTHING CHICKEN BAR 6 REG OR SPICY CHICKEN NUGGETS OR POPCORN CHICKEN W/ DINNER ROLL OR ALTERNATE ENTREE PICK 2: MASHED POTATOES BUTTERED CORN PICK 2: STRAWBERRIES	COMET TACO BAR Walking Tacos w/ Nacho or Cool Ranch Doritos OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	BREAKFAST CROISSANT SANDWICH OR PEPPERONI, PEPPERONI & SAUSAGE OR CHEESE PIZZA OR ALTERNATE ENTREE PICK 2: POTATO TRIANGLES, PICK 2: BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES W/ CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE, REAL BACON BITS, SOUR CREAM - 2 OZ HOT SOFT PRETZEL OR ALTERNATE ENTREE PICK 2: FRESH STEAMED BROCCOLI PICK 2: FRUIT & FORTUNE COOKIE

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